

Connections Activity

Title/Skill:	Stones on a Lake
Connection Goal:	Personalization (team building)
Grade Level:	9-12
Time Needed:	25 minutes

Handouts/Materials Provided:

Gym Squares (or pieces of yoga mat, or even paper plates)

Summary of Activity

1. Create some boundaries and make a space 20 feet long or so.
 2. Give each student a gym square/plate and ask them to drop or throw them into the space.
 3. Give them the following scenario. *You are part of an exploration team. You now must navigate through each of these lakes, only stepping on the stones in the lake. You must enter through this spot (create an entrance) and exit through this spot (create an exit spot). Only one person can enter and exit at a time, but everyone else must be on a stone.*
 4. After they make it through the first lake, which is easy, explain the next lake has one fewer stone. Allow them to choose which stone is taken away and give them the opportunity to move 2 stones.
 5. For the next lake, allow them to move one stone and remove two stones. Follow this procedure as long as possible given skill/comfort levels.
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Read/Review/Discuss/Do with students:

1. Ask students to discuss what was difficult or uncomfortable.
2. What other metaphors could be used?
3. Were there leaders? What strategies did you use?