



Connections Activity



Title/Skill:	Me, Myself, and I
Connection Goal:	Personalization
Grade Level:	9-12
Month:	
Time Needed:	25 minutes

Handouts/Materials Provided:
none

Summary of Activity for the Advisor:

1. Pair up students. One will start as the speaker and the other as the listener.
2. Explain roles of each:
 - Speaker:**
 - Must talk for 3 minutes straight. Cannot use “Me,” “Myself,” or “I”
 - No pauses; continue talking
 - Listener:**
 - May not speak at all, not even to ask questions or say “uh-huh.”
3. If desired, make it a game (listeners gain 2 points each time speaker says “Me,” “Myself,” or “I” and one point if they pause for 5 seconds)

Read/Review/Discuss/Do with students:

- Which role was easier for you? Why?
- How did you feel about listening without being able to ask questions or contribute?
- How did you feel about speaking without being able to check in with your listener?
- What creative ways did you find to speak without using “I?”
- How difficult is it to speak for 3 minutes without pausing?

