

Connections Activity

Title/Skill:	Left Right In Out
Connection Goal:	Personalization/ Energizer
Grade Level:	9-12
Month:	
Time Needed:	10 minutes

Handouts/Materials Provided:

- nothing

Summary of Activity for the Advisor:

- Everyone must stand in a circle
- The facilitator will call out a direction and group must call out the direction and hop in that direction.
- Go through it several times until everyone is comfortable with it.
- Now instruct the students to *say* what you say, but *do* the opposite (ex: you *say* right, the *say* right and *move* left)
- Try letting a student lead it

Key Points: communication listening, following directions

Read/Review/Discuss/Do with students:

What did you learn from this activity?

How successful were you?

- What skills did it take to be successful?
- What would an outside observer have seen as the strengths and weaknesses?
- What lessons did the group learn from this exercise which could be applied to future situations?