

Connections Activity

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| Title/Skill: | Human Knot |
| Connection Goal: | Personalization |
| Grade Level: | 9-12 |
| Month: | |
| Time Needed: | 25 minutes |

Handouts/Materials Provided:

Nothing

Summary of Activity for the Advisor:

- Get the group in a circle
- People put their arms in and grab someone else's hands (get all tangled up!)
- Try to unravel the knot without letting go of hands

Key Points: problem solving

Read/Review/Discuss/Do with students:

What did you learn from this activity?

Was it difficult to complete? Why?

How does this activity make us a stronger group?