

Connections Activity

*“To do good things in the world, first you must know who you are and what gives meaning in your life.”
- Paula P. Brownlee*

Topic:	Getting to Know You: Learning Styles and Self- Portrait
Connections to Goal:	Personalization
Grade Level:	9
Quarter:	1
Time Needed:	25 Minutes-50 Minutes (one or two advisory sessions)

Handouts/Materials Provided:

- Learning Styles Inventory
- Self-Portrait Questions

Summary of Activity for the Advisor:

This activity is to get to know your students as they get to know themselves. By completing and interpreting the inventories the students should get a clear picture of the person they are, the person they are becoming, and the person they would like to be. As the students complete the inventories for SEPTEMBER they will realize that they:

- **Have their own set of values, opinions, and beliefs**
- **Have strong feelings and probably some fears and anxieties**
- **Think and learns in a different way**
- **Have a unique personality**
- **Have special interests, talents, and dreams or desires**

Read/Discuss/Implement with students:

- Students complete both the *Learning Styles Inventory and the Self-Portrait Questions*.
- Read the results from the advisor’s key on learning styles and discuss what that means for the student.
 1. Discuss with the students in a whole group or small groups... What did they learn about themselves from answering the self-portrait questions?

ADVISOR ONLY HANDOUT:
Learning Styles Inventory Key

- ✓ **If you checked 1**, you might learn best by brainstorming, speaking, working in teams, gathering information, and listening.
- ✓ **If you checked 2**, you might learn best by analyzing, classifying, theorizing, organizing, observing, testing theories, and listening.
- ✓ **If you checked 3**, you might learn best by manipulating, experimenting, doing hands-on activities, tinkering, setting goals, and making lists.
- ✓ **If you checked 4**, you might learn best by leading, collaborating, influencing, adapting, taking risks, and modifying.