

Connections Activity

Topic:	Categories (Icebreaker)
Connection Goal:	Personalization
Grade Level:	9-12
Month:	
Time Needed:	15 - 25 minutes

Handouts/Materials Provided:

No materials needed

Summary of Activity for the Advisor:

1. Ask everyone to stand up and then to walk around; explain that you will announce a category (see list or use your own) and that participants should then quickly organize themselves into smaller groups, based on the category to which they belong.
2. Once everyone is organized into their groups, ask each group to identify itself.
3. Keep things moving by asking participants to walk around before announcing the next category.
4. For the first category, use one with two options and announce one side of the room for one category and the other side of the room for the other category. This should help participants to get the idea for how the activity works.

List of categories

Two categories

- When you clasp your hands together and fold the thumbs across the top, is your right or left thumb on top?
- Fold your arms across your chest. Is your right or left arm on top?
- Which leg do you put into your pants first?
- Which eye do you prefer to wink with?
- Which side of the bed (left or right) do you get out of in the morning?
- Are you a folder or scruncher (toilet paper)
- Can you roll your tongue? (yes/no)

Three categories

- When licking an ice cream cone...do you:
 - Twirl the cone clockwise
 - Twirl the cone counterclockwise
 - Lick up and down?

Many categories

- What is your favorite season?
- How many siblings do you have?
- What color are your eyes?
- What's your shoe size?
- What type of shoes are you wearing?
- What's your favorite color?
- What's your star sign?

Read/Review/Discuss/Do with students:

- Did this activity help you to get to know each other better?
- What did you find interesting about your group?