



Connections Activity



Title/Skill:	5 Finger Contract
Connection Goal:	Personalization
Grade Level:	9-12
Month:	September
Time Needed:	5 minutes (or longer if desired)

Handouts/Materials Provided:
None Required

Summary of Activity for the Advisor:

1. This is a method of establishing a contract with your Connections Group.
2. Hold up your hand. Explain that your group will adhere to a “5-fingered contract” and explain that each of the following fingers means the following:
 - Pinky finger: As the smallest finger, it needs to be kept safe. This finger stands for SAFETY
 - Ring finger: Engagement or wedding rings go on this finger. It stands for COMMITMENT
 - Middle finger: We all know what this finger means. Instead of disrespect, make this finger stand for RESPECT.
 - Index finger: We use this to point at people. Instead, let’s turn that finger around and point it at yourself. This finger stands for RESPONSIBILITY.
 - Thumb: If we do all of the first four, everything should be THUMBS UP!

Read/Review/Discuss/Do with students:

- Ask students to repeat the 5 pillars.
- Have students make a poster, or trace their hands and label them, etc.