

Connections Activity

Title/Skill:	Three, Two, One, Discussion
Connection Goal:	Personalization
Grade Level:	9-12
Month:	Any
Time Needed:	10-25 minutes

Handouts/Materials Provided:

- **Note cards and/or paper (you provide)**
- **Pen/pencil (you provide)**

Summary of Activity for the Advisor:

- This is a debriefing/reflection exercise that can be used after any Connections activity. The purpose is to have students reflect on their behaviors and emotions. Reveal the following questions one at a time and have students write their answers on the index cards or paper. Advisor and students then share and discuss their answers (optional).
- Note: this activity may also be used to reflect on the school week or day not just the Connections activity.

Read/Review/Discuss/Do with students:

1. **Write and Discuss:** What was one thing you did well in Connections today? What was one thing he/she did well? What was one thing we (the group) did well? What was one thing that we (the group) could have done to improve? What was one thing he/she could have done to improve? What was one thing you could have improved?

Or

Name three things you learned in Connections today. Two things you'll take with you and use after today. One thing you would change about today.