

# Connections Activity

<b>Title/Skill:</b>	Stargate/ teamwork
<b>Connection Goal:</b>	Personalization
<b>Grade Level:</b>	9-12
<b>Month:</b>	November
<b>Time Needed:</b>	10-20 minutes

**Handouts/Materials Provided:**  
**Hula Hoop**

**Summary of Activity for the Advisor:**

1. Instruct all students to stand in a circle, holding hands. Give 2 students (they must be next to each other) the hula hoop and instruct them to keep one hand on the hoop at ALL times.
2. The object is to get all of the students in the circle to go through the hula hoop, without breaking hands or touching the hula hoop with any part of their body (count the times students touched the hoop).
3. Once everyone has gotten through, reverse the process and tell students to lower the amount of touches made.

**Read/Review/Discuss/Do with students:**

- Debrief and discuss successes and failures.
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