



## Connections Activity



<b>Title/Skill:</b>	Race Car Rope
<b>Connection Goal:</b>	Personalization
<b>Grade Level:</b>	9-12
<b>Month:</b>	
<b>Time Needed:</b>	25 minutes (can be shorter or longer, as needed)

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**Handouts/Materials Provided:**

**One large piece of rope tied in a knot. The rope must be big enough for all members to have 2 hands on it**

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**Summary of Activity for the Advisor:**

1. Instruct students to form a circle with the rope, each putting two hands on it while it's held at waist level.
2. Tell the student who has the knot between their hands that the knot is the racecar.
3. Ask students how long it will take them to get the racecar all the way around the circle.  
(There are multiple ways this can be achieved: sliding the knot between students, holding the rope and running around the circle, etc.)

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**Read/Review/Discuss/Do with students:**

- You can assign one student as a timekeeper or as an observer if need be.
- Ask students to set goals. Encourage them to think outside the box to reach fastest time.
- After finished, ask each student to assign the group a letter grade and explain their