

# Connections Activity

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<b>Title/Skill:</b>	Moonball
<b>Connection Goal:</b>	Community Awareness
<b>Grade Level:</b>	9-12
<b>Month:</b>	
<b>Time Needed:</b>	1 Connections session or less

**Handouts/Materials Provided:**  
Beach ball, foam squares

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**Summary of Activity for the Advisor:**

1. Hand out squares or place markers to each student.
  2. Tell students to spread out and place their marker on the ground.
  3. Explain the rules for Moonball:
    - a. No player can hit the ball twice in succession
    - b. You can only hit the ball with your hands
    - c. All players must stay with a least one foot inside their original
    - d. The group should identify a challenge for themselves: i.e. "We can hit the ball 25 times without it touching the ground.
  4. Groups can challenge themselves multiple times to see if they can increase their number or switch up the rules so that everyone has to hit the ball twice, etc.
  5. Debrief the activity to consider what made it successful or not successful. Discuss working together and strategies that worked.
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**Read/Review/Discuss/Do with students:**

**Debrief the activity:**

- Questions to ask:
- What was challenging about this activity?
- Was it harder when everyone had to hit the ball?
- Did anyone feel left out?
- What can this teach you about teamwork and cooperation?