



Connections Activity



Title/Skill:	Jungle Trek
Connection Goal:	Personalization
Grade Level:	10-12
Month:	
Time Needed:	25 minutes

Handouts/Materials Provided:

Blindfolds (one per person)

5-6 foot board, platform, rubber mat, etc (masking tape can be substituted)

Summary of Activity for the Advisor:

1. Divide group into smaller groups if you have more than 10 people.
2. Set the scene: Your team is trapped in the jungle, and the natives have set traps to catch you. If you stay off the ground, you won't "spring" any traps and can safely reach the beach to get help. If one person springs a trap, the whole group must return to the start.
3. The group must cross the jungle (the board, mat, taped area, etc) together.
4. Reversing direction, the team must cross again, this time walking backwards and keeping a hand on the person in front of and behind of them.
5. Before reaching "the beach," your team must make a final trek through the densest part of the jungle. Distribute blindfolds and have them cross a third time, this time blindfolded.
6. Remind players to work as a team and give them a few minutes to plan their crossing.
7. If necessary, appoint the first and last players in line as "scouts" who can see (because they are familiar with the jungle and have advanced training).

Read/Review/Discuss/Do with students:

- Appoint different roles to reluctant participants.
- How did it feel to be dependent on others?
- What role does trust play in succeeding as a group?

