



Connections Activity



Title/Skill:	Group Juggling/teamwork, icebreaker
Connection Goal:	Personalization
Grade Level:	9-12
Month:	
Time Needed:	25 minutes (can be shorter or longer, as needed)

Handouts/Materials Provided:
1-4 fleece balls or soft throwable objects

Summary of Activity for the Advisor:

1. Break into group of no more than 12 members. Have group stand in circle, facing each other, so that diameter is no more than 12-15 feet.
2. One person (the leader) in the group tosses underhand to a person across the circle. That person tosses to another person across from them. This continues until a sequence is set.
RULE: You cannot toss to someone standing next to you.
3. Once everyone knows the sequence, continue tossing, until the leader tosses in a new object.
4. Set goals for amount of throwables, or for amount of time it takes to complete the sequence with one throwable.
5. To make an icebreaker: Have students speak the name of the person they throw to, as they throw.

Read/Review/Discuss/Do with students:

- Assign one student as a timekeeper.
- Ask students to set goals. Encourage them to think outside the box to reach fastest time.