

Connections Activity

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| Title/Skill: | Password |
| Connection Goal: | Personalization/ Academic |
| Grade Level: | 9-12 |
| Month: | |
| Time Needed: | 5 minutes (good for check in or debrief) |

Handouts/Materials Provided:
None needed

Summary of Activity for the Advisor:

1. Pair students up or allow them to pair up. Pairs stand back to back.
2. Show signs for BODY – hands on hips, MIND - hands on sides of head, and SPIRIT - hands extended into the air. The group forms pairs and each stand back to back. When ready, pairs face each other and immediately exhibit their sign.
3. The goal is to match signs without communicating beyond thoughts.

Read/Review/Discuss/Do with students:

- Ask students how they finally matched their partners sign. Did they develop a pattern?
Was their partner aware of the pattern?
- Switch partners and make it a race.