

Connections Activity

*“To do good things in the world, first you must know who you are and what gives meaning in your life.”
- Paula P. Brownlee*

Topic:	Getting to Know You: Interests & Relationships
Connections to Goal:	Personalization/Academic Achievement
Grade Level:	9
Quarter:	1
Time Needed:	25 Minutes (one advisory session)

Handouts/Materials Provided:

- Interest Inventory (attached)
- Relationships Inventory (attached)

Summary of Activity for the Advisor: This activity is to get to know your students as they get to know themselves. By completing and interpreting the inventories the students should get a clear picture of the person they are, the person they are becoming, and the person they would like to be. As the students complete the inventories for SEPTEMBER they will realize that they:

- **Have their own set of values, opinions, and beliefs**
- **Have strong feelings and probably some fears and anxieties**
- **Think and learns in a different way**
- **Have a unique personality**
- **Have special interests, talents, and dreams or desires**

Read/Discuss/Implement with students:

- Students Complete both the *Interest and Relationships Inventories*
 1. Share the categories with the students listed on Handout for **Interest/Relationship Inventory (Advisor Only) Ask the students to share what they have learned about themselves.**
 2. Share what the “score” means from the Handout for **Interest/Relationship Inventory (Advisor Only)**. Invite the students to remember back to their character trait inventory. Could working on strengthening some of these traits help their relationships?

If the students and Advisor are interested in this topic:

- You're very interested in expressing yourself and going after what you want. Could these interests ever get out of control? If so then how?
- You've very self-confident about your traits and abilities. Can you ever have too much self confidence? Why or why not? Justify your answer.

ADVISOR ONLY HANDOUT:
Key to Interest and Relationship Inventory

Interests:

In all four lists, the same letter represents the same category. Here are the categories:

- A = music, art
- B = writing
- C = entertainment
- D = computers, technology
- E = animals (care or research)
- F = public service (medicine, counseling, job service, etc)
- G = teaching
- H = child care
- I = environment, the outdoors, forestry, farming
- J = mechanical, technical, electrical, engineering
- K = cooking
- L = business (starting your own or being involved in one)
- M = law enforcement
- N = athletics
- O = building, construction

Students should view their inventory with this information. If two or more of their first choices have the same letter this indicates a strong area of interest.

Relationships:

Give students the following information but let them know they may want to keep their scores private for now and share if and when they feel comfortable.

The lower your score the better! If your score is below 30: You probably have good relationships with other people. 31-40 You may need to work on developing better relationships with some people in your life. 41-60 You could meet with a guidance counselor or social worker to discuss how to develop better relationships with people in your life.