

Connections Activity

Title/Skill:	Goal Chain
Connection Goal:	Academic Achievement
Grade Level:	9-12
Month:	October
Time Needed:	25 minutes

Handouts/Materials Provided:

Long, two inch wide colorful strips of paper, writing utensils, stapler

Summary of Activity for the Advisor:

- Students come up to the paper and choose a color that they feel represents their personality.
 - Each student writes one realistic academic goal on one side of the strip and their name on the other side of the strip.
 - Those who want to can share their goal
 - The first person done staples their strip into a loop with their goal on the inside and their name on the outside.
 - That person hands that loop to the second person done, who threads their strip into the first loop and staples their strip into a second loop that is connected to the first (goal inside, name outside)
 - This pattern follows until all strips are added as loops to the chain.
 - The chain is then hung across the ceiling in the room.
 - Follow up: When students come in check with them to see if anyone has accomplished their goal. If they did, have them take a new strip, write a new goal on one side (name on the other). They should gently tear only their “link” out of the chain and replace it with their new goal. They should be careful not to tamper with other students’ goals.
 - After several weeks, take down the chain and have everyone look at their goals. They should modify goals and/ or make new ones and rebuild the chain in the same way as described before.
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Read/Review/Discuss/Do with students:

What is the purpose of the chain? How is it helpful to have your goal hanging in plain sight at all times? Why keep modifying?