



## Connections Activity



<b>Topic:</b>	Academic Comfort Circles
<b>Connection Goal:</b>	Personalization
<b>Grade Level:</b>	9-12
<b>Time Needed:</b>	25 minutes

### **Handouts/Materials Provided:**

**Two large jump ropes** (to make a large circle)

**One hula hoop** (to make a small circle – place this in the center of the large circle)

### **Summary of Activity for the Advisor:**

1. All participants stand outside of the large circle (jump ropes tied together) next to each other.
2. Advisor says, “**How comfortable are you...?**” and finishes this statement with an appropriate ending, such as “How comfortable are you with grammar/spelling?” or “...solving equations?” or “...completing word problems?” or “...writing a persuasive essay?”
3. Participants decide where their “comfort level” is with each statement, and then move themselves accordingly....
  - inside inner circle (hula hoop) – very comfortable
  - within large circle – somewhat comfortable
  - outside of large circle – not comfortable at all
4. After a short discussion of everyone’s movements, participants go back to the starting point and a new statement is presented by the advisor.
5. Assign “study buddies” based on movements