

# Connections Activity

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<b>Title/Skill:</b>	<b>Musical Hula Hoop</b>
<b>Connection Goal:</b>	Personalization: Icebreaker
<b>Grade Level:</b>	9-12
<b>Time Needed:</b>	20-25 minutes

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**Handouts/Materials Provided:**

- 1-2 Hula Hoops

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**Summary of Activity for the Advisor:**

Instruct players to hold hands in a circle with a hoop hanging over a pair of hands between two people. On teacher's signal, tell the group to pass the hoop around the circle **without letting any hands go**. Have students go through once only to get the hang of it.

Play music and have students start going through the hoop. When the music stops, if the hoop is on any part of your body, then you are out and must leave the circle (these students can help judge who is out during the next round as it can be tough to tell).

The last player standing is the winner.

If you have a large class, you can start with 2 hula hoops spaced evenly in the circle and then as the number of students left gets to about 10 or so, remove one hula hoop.

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**Read/Review/Discuss/Do with students:**

- Debrief and discuss successes and failures.