



Connections Activity



Title/Skill:	Choosing Wisely
Connection Goal:	Personal
Grade Level:	12
Month:	March
Time Needed:	25 minutes

Handouts/Materials Provided:

Paper and pen/pencil

Summary of Activity for the Advisor:

1. Have students write about a hasty, not well-thought-out decision that they made in the past that led to a funny or unpleasant result. Have students share this experience and ask for feedback from the other students on how they could have handled the decision better.
2. Have students write down 5 personal decisions they will have to make in the next few years that will impact their future besides their college/career choice. (i.e. where to live, have kids, etc)
3. Have the students walk around and share their list with 3 different students.

Read/Review/Discuss/Do with students:

1. How did they feel when their hasty decision did not turn out well? What would they have done differently?
2. What were some common future decisions that students had?
3. Why is it important to think decisions through rather than making a hasty one?