



## Connections Activity



<b>Title/Skill:</b>	Dog Dash Sponge Relay
<b>Connection Goal:</b>	Academic
<b>Grade Level:</b>	9-12
<b>Month:</b>	May, June, September (warmer outdoor weather necessary)
<b>Time Needed:</b>	25 minutes

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**Handouts/Materials Provided:**

4 dish bins or buckets full of water, 4 large Automobile sponges, 4 smaller canisters the size of dog bowls, 4 ping pong balls

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**Summary of Activity for the Advisor:**

- 1.) Set up four buckets/bins of water in a line on the grass. Then, parallel to the bin line, align 4 identical empty containers (such as dog dishes, large bowls, etc) about 50 feet away. Put a ping pong bowl inside each bowl.
  - 2.) Divide students into 4 even relay teams and give the first student in each relay one of the automobile sponges
  - 3.) Tell students the objective is to soak their sponge in water from the bin in front of them, run apx 50 feet to the dog dish, and squeeze out their sponge into the dish. Then race back to their team and repeat the process with the next person in line. The team to win is the first team who overflows their dog bowl with water to the point when the ping pong ball falls out.
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