



Connections Activity



Title/Skill:	Responding to Feedback
Connection Goal:	Personalization
Grade Level:	11
Month:	December
Time Needed:	25 minutes

Handouts/Materials Provided: 4.15.1 and 4.15.2, scissors

Summary of Activity for the Advisor:

- 1.) Warmup: Ask students to imagine that he/she is working at a new job and it's time for a quarterly review. The boss tells him/her that there are many things they are doing well, but also a few areas they need to improve upon.
 - What is something you think a boss might want you to improve upon (e.g., customer service, being on time, giving work your best effort)?
 - What would you think and feel if a boss gave you a few specific things to improve upon?
 - What would you say to the boss after s/he gave you two things to improve upon?
 - What would you do about the things you were asked to improve upon?
- 2.) Play this video: <http://www.school-connect.net/iportal/module4/4.15/data/video1.mp4>
- 3.) Ask students to identify the 4 steps in Peter Bregman's video for responding to feedback
 - Set aside your feelings
 - Look beyond the delivery
 - Collect the data
 - Listen and learn
- 4.) Break students into groups of 2 and hand each pair worksheet 4.15.2. Have students cut up the different scenarios
- 5.) Have students take turns writing their feelings to the different feedback on the strips of paper and (literally) setting them aside

Reflect as a Group: What was it like to hear the different feedback? Would you be able to get past the criticism and adapt your behaviors?

Responding Effectively to Feedback



Bell Ringer

You are working at a new job and its time for a quarterly review. Your boss tells you that there are many things you are doing well, but also a few areas you need to improve upon.

- What is something you think a boss might want you to improve upon (e.g., customer service, being on time, giving work your best effort)?

- What would you think and feel if a boss gave you a few specific things to improve upon?

- What would you say to the boss after s/he gave you two things to improve upon?

- What would you do about the two things you were asked to improve upon?

Steps for Responding to Feedback

What are the four steps Peter Bregman recommends in the video?

- 1.
- 2.
- 3.
- 4.

Applying Steps for Responding to Feedback



Note to teacher: Have students work in pairs for this activity. Make one copy per pair and cut into strips. Ask students to read a situation, apply Step One: Set Aside Your Feelings, write their feeling on the paper strip, and set the paper aside. Repeat for the other situations.

1) Ewww.... You've got something stuck in your teeth.

2) Your fly is down.

3) You could have done a better job cleaning up last night.

4) I've had two customers complain about you this week.

5) I nominated you for employee of the month.

6) I'm thinking of promoting you to manager.

7) You need to tuck in your shirt at work.

8) You were late to work again today.