

**EAST HARTFORD PUBLIC SCHOOLS**  
**School Counseling Program 6-12**



**Academic Guide for Families**  
**2023-2024**

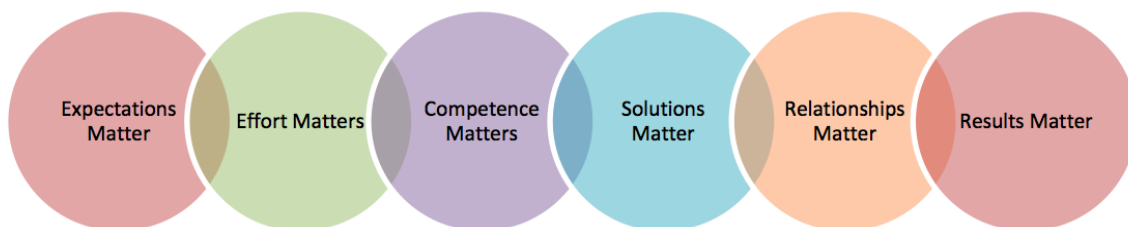
## Table of Contents

Preface & Overview	3
High School Program Scope of Services	3
Middle School Program Scope of Services	4
Resources for Parents & Students	5



### ***East Hartford Public Schools***

*Schools that are the Pride of our Community*



## **PREFACE**

The East Hartford Public School Secondary School Counseling Department aims to ensure students' academic achievement, personal/social-emotional development, college/career readiness, and equitable access for all students. It is the role of the School Counselor to support students' pursuit of their high school diploma as well as to equip them with the skills necessary to succeed in college, careers and civic life. School counseling is a central part of daily educational programming as counselors promote participation in a rigorous program of study that integrates the knowledge and skills necessary to enable students to become productive members of society.

### **HIGH SCHOOL PROGRAM SCOPE OF SERVICES**

The High School School Counseling program provides opportunities for students to understand how their interests and abilities work together in their pursuit of academic achievement and college/career readiness. The comprehensive school counseling curriculum provides students with information regarding various careers and about the opportunities after they graduate from high school. Career exploration lessons include facts about available technical schools, vocational programs, and military service opportunities. Students also receive instruction regarding study skills required for academic success, accessing financial aid, as well as the college admissions process.

The School Counseling assists students in identifying their interests and aptitudes and how they may select a program of study to complement their career aspirations. The program offers opportunities for students to explore prospective career options, receive exposure to various post-secondary educational opportunities, and gain experience within their pathways of interest. The High School School Counseling department partners with local stakeholders such as ReadyCT and East Hartford Works to provide additional opportunities that allow students to participate in a sequence of courses aligned to a prospective career pathway (Allied Health, Public Service, or Engineering/ Technology) and to gain hands on experience through internships, summer enrichment programs, and much more.

College and career exposure events are offered so that students have an opportunity to meet with representatives from colleges, post-secondary schools, and careers. Bulletins listing college representatives planning to visit the high school are distributed to juniors and seniors each month, and students interested in a particular school confer in a small group with the representative. The objective of this initiative is to support students making well-informed decisions regarding their post-secondary goals.

East Hartford High School offers students and their families access to their College and Career Readiness (CCR) Center where they may obtain information regarding the various forms of post-secondary educational opportunities they may wish to pursue. The CCR Center also offers support with the completion of the FAFSA (Free Application for Federal Student Aid) as well as hosts a number of evening and weekend informational sessions to further prepare students and their families for their transition into college and/ or career. Additional access to financial aid and scholarship information from various colleges and organizations can be located on Naviance under "Scholarships."



### **MIDDLE SCHOOL PROGRAM SCOPE OF SERVICES**

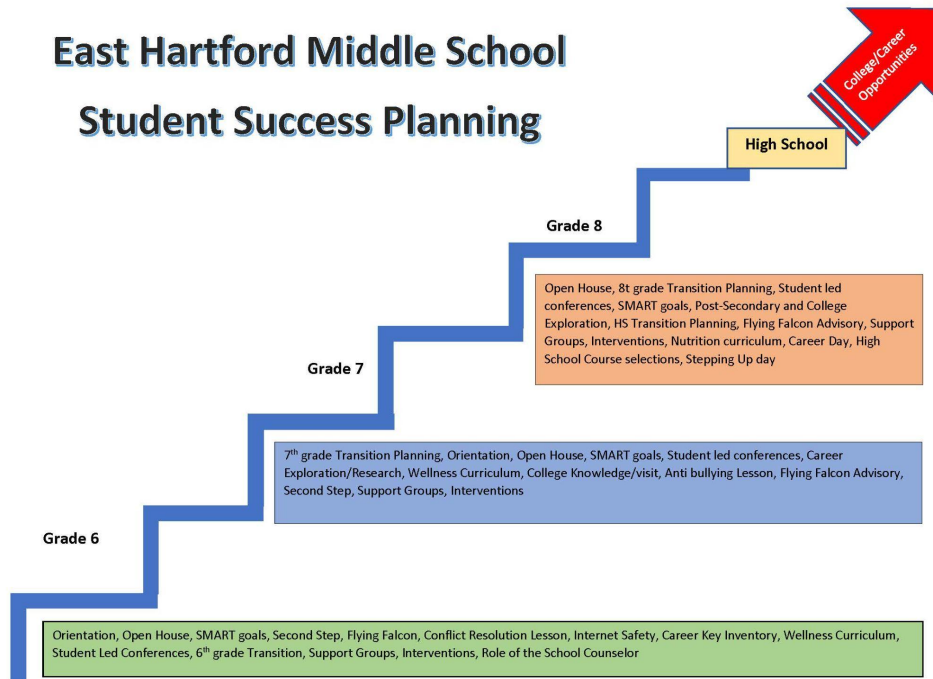
The Middle School School Counseling program encourages awareness and exploration of student interests through departmental initiatives and community outreach. The middle school program facilitates the development of positive choice and decision making skills so that all students can achieve their educational and personal goals.

The School Counseling program is designed to support student academic success by helping them to develop organizational and study skills to meet the demands of their courses. Students are empowered to serve as active participants in their learning and development as they are exposed to the various resources within the building as well as engage with their academic teams.

The School Counseling program offers a career exploration curriculum where students identify their post-secondary interests and the various career pathways they may pursue. Students explore occupations and determine the responsibilities and requirements necessary to access such occupations. Students complete several career interest assessments to help them further understand how their interests, skills, aptitudes play a role in their future careers as well as how their current academic subjects prepare them for the demand of the workforce.

The School Counseling Department provides curriculum to support the transition between middle school and high school. All 8th grade students are exposed to the high school program of studies so that they may further understand East Hartford's graduation requirements, academic and social emotional supports, and the variety of courses available to support their academic and post-secondary pursuits. Students participate in an annual "Step Up Day" in which they visit East Hartford High School to learn more about extracurricular activities, on-campus resources, speak to current students, and select their 9th grade courses.

# East Hartford Middle School Student Success Planning



## RESOURCES FOR PARENTS AND STUDENTS

<https://id.naviance.com>- Naviance: offers assessments regarding prospective career interests, college searches and post-secondary readiness curriculum.

<https://www.collegeboard.org>- College Board: Official college planning and preparation tool for students and parents

<https://bigfuture.collegeboard.org/>- Big Future: online resource to assist students and parents to plan for college, pay for college, and explore careers

<https://www.bls.gov>- Bureau of Labor Statistics: informational resource regarding prospective careers including future job outlook, median salary, and education requirements

<https://readyct.org/>- ReadyCT: organization involved in supporting career pathway development and the expansion of applied experiences

<https://ctstate.edu/>- Connecticut State Community College: information regarding the new, consolidated CT state community college system

<https://www.ct.edu/admission/pact>- PACT (Pledge to Advance CT): information regarding CT's commitment to increasing financial access to higher education.

<https://www.khanacademy.org/>- Khan Academy: instructional resource for student

<https://studentaid.gov>- Federal Student Aid: information regarding accessing financial aid and college loans.