


**EAST HARTFORD PUBLIC SCHOOLS/ ESCUELAS PUBLICAS DE EAST HARTFORD**  
**SY2020 Distance Learning Plan (Weekly Schedule) - Grade Pre-K - Week 5: 6/8/2020**  
**SY2020 Plan de aprendizaje de distancia (Programa semanal) – Grado Pre-K - Week 5: 6/8/2020**

**Overview:** As East Hartford Public Schools continues to provide educational opportunities and resources during the extended time at home, we have provided the schedule below to help structure your day. Please use this as a guide to support your child’s learning during their time at home. Please know that this guide should be adjusted to best fit your family.

**Process:** Use the guides and links below to access grade level appropriate activities that best fit the needs of your child. Individual progress and development by students will be monitored as appropriate by each teacher through daily/weekly/monthly checkpoints and assessment reviews with students/families.

<b>Social Emotional Learning</b> I can/ Yo puedo...	
	<p><b>Managing Anger:</b></p> <ul style="list-style-type: none"> <li>● I can demonstrate relaxing my body.</li> <li>● I can tell the difference between ways to behave when angry that are okay and those that are not okay.</li> </ul> <p><b>Watch the video:</b> <a href="#">Managing Anger</a></p> <p><b>Practice at home:</b> <a href="#">Lesson Guide for Families</a></p>
	<p><b>Additional Learning/ Resources:</b></p> <ul style="list-style-type: none"> <li>● Complete the <a href="#">Home Link</a> together.</li> <li>● Practice what reactions are okay and not okay using your child’s stuffed animal or favorite story characters:                             <ul style="list-style-type: none"> <li>• Bunny was bumped. She pushed the person who did it. Okay or not okay?</li> <li>• Someone took the toy Teddy was playing with. He was angry, but he calmed down and asked for it back. Okay or not okay?</li> <li>• Turtle was interrupted by his sister when he was trying to tell his mom a story. He was angry, so he took a belly breath and waited until she was done. Then he asked her with a strong respectful voice to please stop interrupting. Okay or not okay?</li> </ul> </li> </ul>



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