


**EAST HARTFORD PUBLIC SCHOOLS/ ESCUELAS PUBLICAS DE EAST HARTFORD**  
**SY2020 Distance Learning Plan (Weekly Schedule) - Grade Pre-K - Week 5: 6/1/2020**  
**SY2020 Plan de aprendizaje de distancia (Programa semanal) – Grado Pre-K - Week 5: 6/1/2020**

**Overview:** As East Hartford Public Schools continues to provide educational opportunities and resources during the extended time at home, we have provided the schedule below to help structure your day. Please use this as a guide to support your child’s learning during their time at home. Please know that this guide should be adjusted to best fit your family.

**Process:** Use the guides and links below to access grade level appropriate activities that best fit the needs of your child. Individual progress and development by students will be monitored as appropriate by each teacher through daily/weekly/monthly checkpoints and assessment reviews with students/families.

<b>Social Emotional Learning</b> I can/ Yo puedo...	
	<p><b>Managing Disappointment:</b></p> <ul style="list-style-type: none"> <li>● I can demonstrate belly breathing.</li> <li>● I can demonstrate the Calming-Down Steps in response to scenarios.</li> </ul> <p><b>Watch the video:</b> <a href="#">Managing Disappointment</a></p> <p><b>Practice at home:</b> <a href="#">Lesson Guide for Families</a></p>
	<p><b>Additional Learning/ Resources:</b></p> <ul style="list-style-type: none"> <li>● Listen to the song <a href="#">Belly Breathe</a> with Elmo.</li> <li>● Complete the <a href="#">Home Link</a> together.</li> <li>● Demonstrate and practice belly breathing in everyday life. Have your child breathe with you whenever you feel strong feelings, and talk with them about how belly breathing helps you feel better.</li> </ul>