

EAST HARTFORD PUBLIC SCHOOLS/ ESCUELAS PUBLICAS DE EAST HARTFORD SY2020 Distance Learning Plan (Weekly Schedule) - Grade K - Week 2: 5/18/2020 SY2020 Plan de aprendizaje de distancia (Programa semanal) - Grado K - Week 2: 5/18/2020

<u>Overview:</u> As East Hartford Public Schools continues to provide educational opportunities and resources during the extended time at home, we have provided the schedule below to help structure your day. Please use this as a guide to support your child's learning during their time at home. Please know that this guide should be adjusted to best fit your family.

<u>Process:</u> Use the guides and links below to access grade level appropriate activities that best fit the needs of your child. Individual progress and development by students will be monitored as appropriate by each teacher through daily/weekly/monthly checkpoints and assessment reviews with students/families.

Social Emotional Learning I can/ Yo puedo... Managing Frustration: I can identify "Stop" and "Name your feeling" as ways to begin to calm down. I can demonstrate saying "Stop" and naming feelings in response to scenarios. Watch the video: Managing Frustration Practice at home: Lesson Guide for Families Additional Learning/ Resources: Draw a picture of a time when you had a strong feeling. Write the name of the feeling on your picture or write a sentence about the event. Talk about a recent time when you felt frustrated and what made you feel better.