


EAST HARTFORD PUBLIC SCHOOLS/ ESCUELAS PUBLICAS DE EAST HARTFORD
SY2020 Distance Learning Plan (Weekly Schedule) - Grade 5 - Week 1: 5/11/2020
SY2020 Plan de aprendizaje de distancia (Programa semanal) - Grado 5 - Week 1: 5/11/2020

Overview: As East Hartford Public Schools continues to provide educational opportunities and resources during the extended time at home, we have provided the schedule below to help structure your day. Please use this as a guide to support your child’s learning during their time at home. Please know that this guide should be adjusted to best fit your family.

Process: Use the guides and links below to access grade level appropriate activities that best fit the needs of your child. Individual progress and development by students will be monitored as appropriate by each teacher through daily/weekly/monthly checkpoints and assessment reviews with students/families.

Social Emotional Learning I can/ Yo puedo...	
	<p>Introducing Emotion Management:</p> <ul style="list-style-type: none"> ● I can describe what happens in my brain and body when I experience strong emotions. ● I can identify a personal signal. ● I can identify and name strong feelings. <p>Watch the video: Introducing Emotion Management</p> <p>Practice at home: Lesson Guides for Families</p>
	<p>Additional Learning/ Resources:</p> <ul style="list-style-type: none"> ● Complete the Home Link ● Ask your child: <ul style="list-style-type: none"> Why is it important to recognize when you’re feeling strong emotions? What is a situation you might be in that would cause you to feel strong emotions? What are the first two things you can do to handle the strong emotions?