


EAST HARTFORD PUBLIC SCHOOLS/ ESCUELAS PUBLICAS DE EAST HARTFORD
SY2020 Distance Learning Plan (Weekly Schedule) - Grade 1 - Week 1: 5/11/2020
SY2020 Plan de aprendizaje de distancia (Programa semanal) - Grado 1 - Week 1: 5/11/2020

Overview: As East Hartford Public Schools continues to provide educational opportunities and resources during the extended time at home, we have provided the schedule below to help structure your day. Please use this as a guide to support your child’s learning during their time at home. Please know that this guide should be adjusted to best fit your family.

Process: Use the guides and links below to access grade level appropriate activities that best fit the needs of your child. Individual progress and development by students will be monitored as appropriate by each teacher through daily/weekly/monthly checkpoints and assessment reviews with students/families.

Social Emotional Learning I can/ Yo puedo...	
	<p>Identifying Feelings:</p> <ul style="list-style-type: none"> ● I can identify physical clues in my body that help me identify my feelings. ● I can identify grown-ups to talk to about my feelings. <p>Watch the video: Identifying Our Own Feelings</p> <p>Practice at home: Lesson Guides for Families</p>
	<p>Additional Learning/ Resources:</p> <ul style="list-style-type: none"> ● Have your child identify a strong feeling they’ve had. Have them draw a picture of what that feeling might look like in their bodies. ● Have your child stand up, put their hands on their tummies, and practice describing how certain feelings feel (“uncomfortable” might feel achy or tight, “comfortable” might feel calm, and so on). ● Play Simon Says with the Feelings Faces and have your child follow you.