

East Hartford

School Closure May 11 - May 22, 2020

Breakfast & Lunch Menu

MONDAY

5/11

Lunch
Cheeseburger on a WG Roll
Fruit ½ cup, Fresh Vegetables ¼ cup,
Milk

Breakfast
Cereal w/ Graham
Crackers (2g)
Fresh Fruit, Fruit Juice,
Milk

TUESDAY

5/12

Lunch
Tuna Salad with a Wrap
with Fruit ½ cup, Fresh
Vegetables ¼ cup, Milk

Breakfast
Take and Bake Breakfast Pizza
Fresh Fruit, Fruit Juice,
Milk

WEDNESDAY

5/13

Lunch
Corn Dog
Fruit ½ cup, Fresh
Vegetables ¼ cup, Milk

Breakfast
Cereal w/ Graham
Crackers (2g)
Fresh Fruit, Fruit Juice,
Milk

THURSDAY

5/14

Lunch
Take & Bake Mac & Cheese
Fruit ½ cup, Fresh Vegetables ¼ cup,
Milk

Breakfast
2oz. Whole Grain Muffin (1g),
Graham Cracker (1g)
Fresh Fruit, Fruit Juice,
Milk

FRIDAY

5/15

Lunch
Pizza
Fruit ½ cup, Fresh Vegetables ¼ cup,
Milk

Breakfast
Cereal w/Graham
Crackers (2g)
Fresh Fruit, Fruit Juice,
Milk

All meals are complete meals all components must be taken. Anyone under 18 years of age may receive a Grab & Go bag. Meals served 11:00 am – 12:00 pm. Breakfast Grab & Go Bags will be distributed for the next morning.

5/18

Lunch
Beef Hot Dog on a WG Bun
Fruit ½ cup, Fresh Vegetables ¼ cup,
Milk

Breakfast
Cereal w/ Graham Crackers (2g)
Fresh Fruit, Fruit Juice
Milk

5/19

Lunch
Chicken Quesadilla with a Wrap, Fruit
½ cup, Fresh Vegetables ¼ cup
Milk

Breakfast
Whole Grain Mini Cinni Bun 2g
Fresh Fruit, Fruit Juice
Milk

5/20

Lunch
Sloppy Joe with a WG Bun, Fruit ½
cup, Fresh Vegetables ¼ cup,
Milk

Breakfast
Cereal w/ Graham Crackers (2g)
Fresh Fruit, Fruit Juice
Milk

5/21

Lunch
BBQ Pulled Pork with a WGR Bun,
Fruit ½ cup, Fresh Vegetables ¼ cup
Milk

Breakfast
2oz. Whole Grain Muffin (1g),
Graham Cracker (1g)
Fresh Fruit, Fruit Juice
Milk

5/22

Lunch
WG Take & Bake Galaxy Individual
Pizza
Fruit ½ cup, Fresh Vegetables ¼ cup
Milk

Breakfast
Cereal w/ Graham Crackers (2g)
Fresh Fruit, Fruit Juice
Milk

MENU IS SUBJECT TO CHANGE WEEKLY BASED ON AVAILABILITY

Children should be present to
receive a meal

bag. If unable to have children
present, please provide district
enrolled student's name and # of
children under the age of 18 in
the household to be verified
eligible to receive free meals.

Please contact:

The Sodexo Food Services
office for further information

860-568-4252

This institution is an equal opportunity provider and employer.